



## MOTHER & BABY CARE

**Personalised care for you and your baby, from the comfort of your home!**

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- An exclusive home care service to support mothers-to-be prepare for childbirth, and accompany new mothers in postnatal care
- Our comprehensive and experienced team allows us to tailor a care plan just for you, designed to enhance your comfort and rapid recovery, while providing attentive care and health monitoring of your baby.

by  kazacare

# MOTHER & BABY CARE



## **Nursing Care**

dressings, injections, blood test sampling



## **Midwifery Care and Parental Coaching**

pre-natal counselling & childbirth preparation, breastfeeding assistance, wound monitoring for c-section, baby's weight assessment, perineum rehabilitation, physical exams of mother and baby, baby care guidance



## **Babysitting Services**

day or night care by midwives, nurses, nannies



## **Osteopathy Treatment**

for mum: pain management, gastric problems, reflux, water retention, diabetes  
for baby: massages, frenectomy, reflux, colic, breastfeeding help



## **Physiotherapy**

perineal reinforcement for mum, respiratory physiotherapy for the child



## **Counselling**

emotional and/or psychological support



## **Sports Coaching**

personal fitness coach at home



## **Nutritionist and Meal Catering**

pre-natal diabetes, nutritional optimisation, or weight loss after birth



## **Paediatric and General Medical Consults**



+230 5297 0977



hello@kazacare.mu