



## SENIOR CARE

**Personalised care for your loved one to remain independent and enjoy the life they've built, in the comfort of their home**

---

- Being at home allows our loved ones to live happier lives with greater control, comfort, and independence, while maintaining the everyday routines and relationships in order to thrive. This is especially important for those with Alzheimer's or Dementia.
- Our custom care plans are tailored to meet the unique needs of each family in order to offer the best quality of life, with professional care teams to ensure safety, companionship, and peace of mind for the whole family.

by  kazacare

# SENIOR CARE SERVICES



## **Nursing Care and Monitoring**

Comprehensive geriatric assessment;  
Active monitoring and reporting on health vitals  
Wound care, pain management, injections  
Coordination between doctor and care team



## **Personal Care**

24/7, day, or night shifts to aide health,  
hygiene and safety at home, mobility,  
meal prep, or light housekeeping



## **Personal Assistance**

driving, outings, errands, companionship  
help with admin or technology



## **Physiotherapy or Sports Coaching**

Recover physical function, get relief from pain  
and symptoms, get stronger and fitter



## **Counselling or Life Coaching**

Enhance mental health, combat depression,  
find new meaning and purpose in life



## **Occupational Therapy**

Improve motor skills, strength and dexterity to  
increase independence on daily tasks



## **Speech and Language Therapy**

Exercises that help with speech, articulation,  
or swallowing



## **Nutritionist and Meal Catering Services**

Tailored diet plans for different medical  
conditions, and hassle-free delivery of meal



## **Other Partners Services**

Medical equipment and consumables,  
pharmacy delivery, oxygen therapy, home  
sampling of lab tests, social recreational partners



+230 5297 0977



hello@kazacare.mu